


# Physical Education

CURRICULUM • PROGRAMMES • OVERVIEW




## MISSION

Provide students with opportunities for exposure to various physical competencies; experience to develop knowledge and skills in various sports learning areas ; as well as showcase talents through sports-based CCAs, external and national-based competitions.

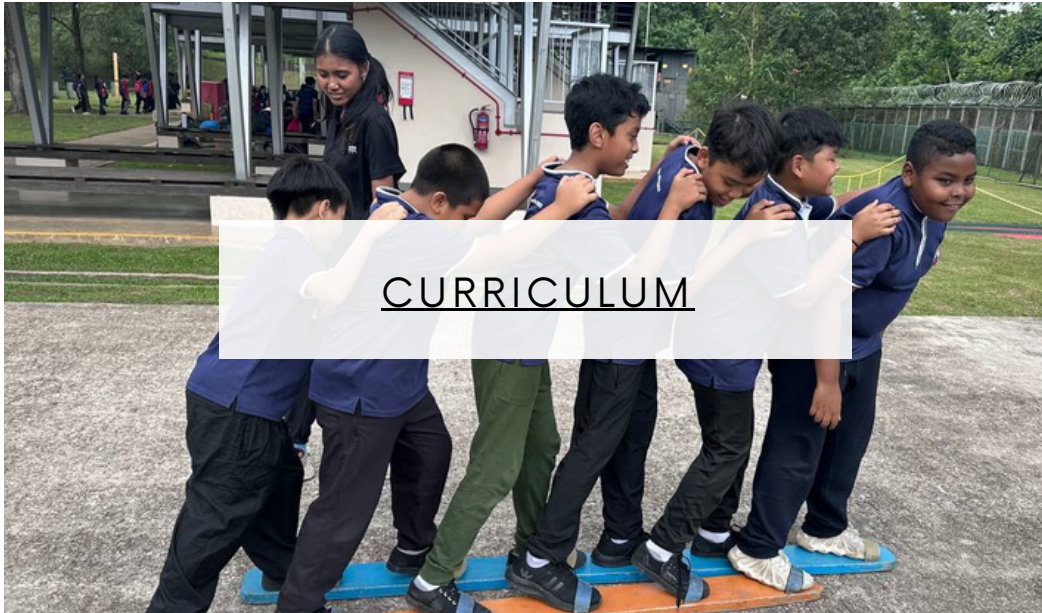


## VISION

Students to be active and enjoy a lifetime of active, healthy living



## PROGRAMMES



## CURRICULUM